

# 2013

# Community Highlights



Guests at the Methodist Richardson expansion topping-out celebration watched as the final beam, with flags nodding to national and state pride, was lowered into place. The new hospital (above) is scheduled for its grand opening in April.



**Methodist**

RICHARDSON MEDICAL CENTER

Where life shines bright.™



Methodist Richardson Vice President Operations Bob Simpson (left) and President Ken Hutchenrider Jr., FACHE (right), greet U.S. Rep. Pete Sessions before the Yellow and Black Tie Gala on Nov. 16.

## Local leaders pledge support at annual Gala

Methodist Richardson Medical Center Foundation's seventh annual Yellow and Black Tie Gala raised over \$300,000 for Methodist Richardson Medical Center. The Nov. 16 soiree at the Renaissance Dallas Richardson Hotel hosted a sold-out crowd of 460 civic and business leaders from Collin and Dallas counties.

The Foundation presented this year's Legacy Award to longtime Richardson resident Patti Henry. The award recognizes individuals or corporations who have made a difference in the Richardson community through ongoing commitment, gifts, and leadership.

## Growing from the ground up

Methodist Richardson Medical Center is adapting and growing to meet patient needs with advanced technology and compassionate, quality care. In 2013, we celebrated the topping-out and swift construction of our new hospital, in particular. Here are just a few ways the community will benefit when the facility opens its doors in April:

- **Space to serve.** The new facility will have an additional 266,575 square feet to serve the surrounding communities.
- **Round-the-clock labor and delivery services.** A dedicated women and children's services floor will focus on family-centered care. A new partnership with OB Hospitalist Group ensures that a board-certified obstetrician is on-site 24/7.
- **Level III neonatal intensive care unit (NICU).** We'll offer 24-hour care for premature infants as young as 24 weeks gestation.

Other ways we've extended our care reach in 2013 include:

- **New electrophysiology (EP) program.** Minimally invasive EP studies analyze the heart's electrical activity to pinpoint the origins of abnormal heart rhythms and heart attacks.
- **Live Bright.** We're bringing our wellness solutions to local businesses, helping their employees achieve better health.
- **Four new Methodist Family Health Centers and Medical Groups.** These primary care clinics, located throughout the Metroplex, provide a variety of services.

Learn more at [MethodistHealthSystem.org](http://MethodistHealthSystem.org).



**Methodist Richardson Community Advisory Board:** (back row, from left) Clayton Oliphint, DMin; Nhan Nguyen, MD; Joseph Snayd; Michael Spence; Frank Leftwich; William Keffler; and Andrew Chaffin; (front row) Linda Armstrong Kelly; Methodist Richardson President Ken Hutchenrider, FACHE; Methodist Health System President Stephen L. Mansfield, PhD, FACHE; Ron Poff; Mindy Manson. Not pictured: David Bonnet, MD; Gerald Bright; and Judy Martin

**We are proud to support these local chambers**

- Murphy Chamber of Commerce
- Richardson Chamber of Commerce
- Sachse Chamber of Commerce
- Wylie Chamber of Commerce

# Numbers to **know**

## 8,017

The number of people Methodist Health System employed throughout the Metroplex in 2013.

## 1,005

The number of people employed by Methodist Richardson Medical Center.



## 10

The number of consecutive years that Methodist Health System has been named among the Top 10 Best Places to Work by the *Dallas Business Journal*. For the third year in a row, the health system was also named one of the 100 Best Places to Work in Healthcare by *Becker's Hospital Review*.

## \$1.1 billion

Economic impact, including from income and benefits provided for Methodist employees.

## \$132 million

How much Methodist Health System provided in unreimbursed charity care in fiscal year 2013.



## 100

How many new jobs Methodist Richardson is expected to bring to the community when the new hospital opens at George Bush Turnpike and Renner Road in spring 2014.

## 2016

By this year, Methodist Health System aims to be the healthiest health system in America. We're well on our way, with recognition from:

- *Dallas Business Journal* – for being among the Top 5 Healthiest Employers in North Texas
- The American Heart Association, who has named us a Platinum-Level Fit-Friendly Worksite.





We took our hearts — and yours! — to heart this year, especially during American Heart Month. On Wear Red Day®, employees dressed in red in the spirit of fighting heart disease.

## To your health

Having a healthy body, mind, and spirit is important. In 2013, Methodist Richardson Medical Center hosted and sponsored a variety of events to motivate people toward healthy lifestyles and help improve our communities, including:

- WildRide! WildRun! Against Cancer
- Heart to Heart women's health event
- Men's Health Tune-Up and moMENTum men's health events
- Wellness for Women events
- Food for Life cooking classes
- Methodist Richardson Ministers' Luncheon.

## The difference starts here

These initiatives are making a healthier community

- **Methodist Generations.** The program offers a variety of wellness activities, social events, and education outreach for people age 55 and older.
- **Mobile mammography unit.** In partnership with Susan G. Komen® for the Cure, we brought breast cancer screening to 3,631 women, including 890 in the Methodist Richardson service area, in 2013.
- **Prostate Screening and Awareness Program.** This free service reached a milestone this year, screening its 80,000th man for prostate cancer. More than 933 men in the Methodist Richardson service area benefited from this service, which provides more screenings than any other hospital-based program in the nation.



On Jan 28, 2013, National Daisy Day, Methodist Richardson staff members, including President Ken Hutchenrider Jr., FACHE (left), distributed daisies to patients.

- **Asian Breast Health Outreach Project.** Last year, this program provided 1,902 mammogram screenings, 343 diagnostic exams, and 55 biopsies — as well as breast health education — to uninsured and underinsured Asian American women.

We also support numerous community endeavors and organizations, including Boys and Girls Club, City of Richardson Wellness Committee, Corporate Challenge, Leadership Richardson, Murphy Maize Days, Network of Community Ministries, New Teachers Luncheons for Richardson and Wylie ISDs, Plano ISD Education Foundation, Richardson Chamber of Commerce Women in Leadership, Richardson ISD Excellence in Education Foundation, Relay for Life, Richardson Rotary, Richardson YMCA, Sachse Chamber of Commerce annual Awards Banquet, Sachse Fallfest, Santa's Village, Tri-Chamber Golf Tournament, WildFlower Festival, Wylie Championship Rodeo, Wylie Christian Care Center, and Wylie ISD Excellence in Education Foundation.



While hitting the links with attendees of Methodist Richardson's moMENTum free men's health event at TopGolf Allen, (from left) Nhan Nguyen, MD; Parin Makadia, MD; Methodist Richardson President Ken Hutchenrider Jr., FACHE; and Joshua Burak, MD, pose for a photo. At the event, men could informally chat with physicians about a variety of wellness concerns.





The 2013 WildRide! WildRun! Against Cancer raised more than \$170,000 for the Methodist Richardson Cancer Center. Here, the 1,700-plus cyclists get ready to start the race.

## Where cancer doesn't have to have the last word

In 2013, Methodist Richardson Medical Center introduced these new programs to help win the fight against cancer:

### High-Risk Breast Surveillance Clinic

Women with higher-than-average risk for breast cancer can receive specialized monitoring and consultations with a fellowship-trained breast surgeon to help them make decisions regarding their breast health.

### Lung cancer screening program

Because screening people at high risk for lung cancer with an annual low-dose CT scan of the chest can save lives, Methodist Richardson started offering these tests at a discounted price to make the early detection of cancer more accessible.

### Pillars4Life and Artist-in-Residence

A 2012 Livestrong® Community Impact Project Award helped Methodist Richardson offer these two programs. Pillars4Life is an online training course that teaches cancer patients how to relieve fear and confusion, gain a sense of control, and cultivate inner peace. The Artist-in-Residence program helps them channel anxiety and stress about their diagnosis into creative art projects while undergoing treatment.

### New location for digital mammography

The Center for Women's Health expanded to Methodist Richardson's campus at George Bush Turnpike and Renner Road this year, making digital mammography available at two convenient locations.

Learn more at [MethodistHealthSystem.org/RichardsonCancer](http://MethodistHealthSystem.org/RichardsonCancer).

## Shining achievements

### Methodist Health System

- Among Health Care's Most Wired by *Hospitals & Health Networks* magazine for the fourth consecutive year
- 193 physicians on the Methodist medical staff among *D Magazine's* Best Doctors in Dallas
- 15 nurse finalists and four winners in *D Magazine's* Excellence in Nursing Awards
- Three Dallas-Fort Worth Hospital Council Foundation Award winners
- 26 Methodist Family Health Center and Medical Group physicians recognized by NCQA for patient-centered medical homes
- 25 Methodist Family Health Center and Medical Group physicians recognized by Bridges to Excellence® for diabetes care.

### Methodist Richardson Medical Center

- One nurse finalist in the 2013 Nurse.com Nursing Excellence Awards for the South Region and one nurse among the 2013 Dallas-Fort Worth Great 100 Nurses
- Cycle IV Chest Pain accreditation from the Society of Cardiovascular Patient Care
- American Heart Association Mission: Lifeline Receiving Center — Silver Award for cardiac care
- American Heart Association Get With the Guidelines® — Heart Failure Gold Achievement Award.

Learn more at [MethodistHealthSystem.org/Awards](http://MethodistHealthSystem.org/Awards).